

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## SARAH SCALLAN

SOUTH DUBLIN STRENGTH & CONDITIONING

BODYWEIGHT: 62.2KG

WEIGHT CLASS: 63KG

SQUAT  
**105.0 KG**

BENCH PRESS  
**65.0 KG**

DEADLIFT  
**120.0 KG**

TOTAL  
**290.0 KG**

Rob Burke  
President

