

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

CAROLINE CUNNIFFE

A.B.S. POWERLIFTING
BODYWEIGHT: 56.5KG
WEIGHT CLASS: 57KG

SQUAT
82.5 KG

BENCH PRESS
46.0 KG

DEADLIFT
110.0 KG

TOTAL
238.5 KG

5-F-0-57-PL

Rob Burke
President

