

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## RUTH DRAPER

IMPACT STRENGTH & PERFORMANCE

BODYWEIGHT: 53.2KG

WEIGHT CLASS: 57KG

SQUAT  
**70.0 KG**

BENCH PRESS  
**42.5 KG**

DEADLIFT  
**117.5 KG**

TOTAL  
**230.0 KG**

6-F-0-57-PL

Rob Burke  
President

