

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## SANDRA COYNE

STRONGLIFE GYM  
BODYWEIGHT: 62.2KG  
WEIGHT CLASS: 63KG

SQUAT  
70.0 KG

BENCH PRESS  
42.5 KG

DEADLIFT  
117.5 KG

TOTAL  
230.0 KG

8-F-0-63-PL

Rob Burke  
President

