

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

SHANNON KEAVENEY

STORM BODY FITNESS
BODYWEIGHT: 59.8KG
WEIGHT CLASS: 63KG

SQUAT
67.5 KG

BENCH PRESS
40.0 KG

DEADLIFT
87.5 KG

TOTAL
195.0 KG

9-F-0-63-PL

Rob Burke
President

