

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

SARAH GROGAN

CITYGYM LIMERICK
BODYWEIGHT: 71.5KG
WEIGHT CLASS: 72KG

SQUAT
115.0 KG

BENCH PRESS
67.5 KG

DEADLIFT
135.0 KG

TOTAL
317.5 KG

4-F-0-72-PL

Rob Burke
President

