

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## LUCILLE ROWAN

CG FITNESS  
BODYWEIGHT: 70.6KG  
WEIGHT CLASS: 72KG

SQUAT  
**112.5 KG**

BENCH PRESS  
**45.0 KG**

DEADLIFT  
**140.0 KG**

TOTAL  
**297.5 KG**

7-F-0-72-PL

Rob Burke  
President

