

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## GEMMA MARKEY

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BODYWEIGHT: 68.7KG  
WEIGHT CLASS: 72KG

SQUAT  
**120.0 KG**

BENCH PRESS  
**57.5 KG**

DEADLIFT  
**115.0 KG**

TOTAL  
**292.5 KG**

8-F-0-72-PL

Rob Burke  
President

