

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## LORNA O'BRIEN

-

**BODYWEIGHT: 75.7KG**  
**WEIGHT CLASS: 84KG**

**SQUAT**  
**120.0 KG**

**BENCH PRESS**  
**65.0 KG**

**DEADLIFT**  
**145.0 KG**

**TOTAL**  
**330.0 KG**

**4-F-0-84-PL**

Rob Burke  
President

