

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

SARAH PATTERSON

STRENGTH MILITIA
BODYWEIGHT: 45.5KG
WEIGHT CLASS: 47KG

SQUAT
80.0 KG

BENCH PRESS
52.5 KG

DEADLIFT
127.5 KG

TOTAL
260.0 KG

1-F-0-47-PL

Rob Burke
President

