

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

AMY HUGHES

REVOLUTION FITNESS
BODYWEIGHT: 83.2KG
WEIGHT CLASS: 84KG

SQUAT
110.0 KG

BENCH PRESS
57.5 KG

DEADLIFT
132.5 KG

TOTAL
300.0 KG
5-F-0-84-PL

Rob Burke
President

