

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

CLODAGH CECIL

SOUTH EAST POWERLIFTERS

BODYWEIGHT: 101.6KG

WEIGHT CLASS: 84+KG

SQUAT
145.0 KG

BENCH PRESS
70.0 KG

DEADLIFT
157.5 KG

TOTAL
372.5 KG

3-F-0-84+-PL

Rob Burke
President

