

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

YVONNE OSAN

SOUTH EAST POWERLIFTERS

BODYWEIGHT: 93.1KG

WEIGHT CLASS: 84+KG

SQUAT
90.0 KG

BENCH PRESS
50.0 KG

DEADLIFT
130.0 KG

TOTAL
270.0 KG

6-F-0-84+-PL

Rob Burke
President

