

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

STEPHANIE MCTIERNAN

STRONGLIFE GYM
BODYWEIGHT: 94KG
WEIGHT CLASS: 84+KG

SQUAT
77.5 KG

BENCH PRESS
52.5 KG

DEADLIFT
117.5 KG

TOTAL
247.5 KG

7-F-0-84+-PL

Rob Burke
President

