

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

CIARAN O'DONOVAN

RPM FITNESS
BODYWEIGHT: 55.4KG
WEIGHT CLASS: 59KG

SQUAT
90.0 KG

BENCH PRESS
85.0 KG

DEADLIFT
142.5 KG

TOTAL
317.5 KG

1-M-0-59-PL

Rob Burke
President

