

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

JASON FINAN

SOUTH DUBLIN STRENGTH & CONDITIONING

BODYWEIGHT: 73.4KG

WEIGHT CLASS: 74KG

SQUAT
165.0 KG

BENCH PRESS
115.0 KG

DEADLIFT
195.0 KG

TOTAL
475.0 KG

3-M-0-74-PL

Rob Burke
President

