

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

JEN DELA CRUZ

ATHLONE POWERLIFTING CLUB

BODYWEIGHT: 51.6KG

WEIGHT CLASS: 52KG

SQUAT
95.0 KG

BENCH PRESS
55.0 KG

DEADLIFT
125.0 KG

TOTAL
275.0 KG

1-F-0-52-PL

Rob Burke
President

