

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

JOHN MAHER

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BODYWEIGHT: 82.5KG
WEIGHT CLASS: 83KG

SQUAT
232.5 KG

BENCH PRESS
135.0 KG

DEADLIFT
255.0 KG

TOTAL
622.5 KG

1-M-0-83-PL

Rob Burke
President

