

THE IRISH POWERLIFTING FEDERATION

JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

DAVID GRIFFIN

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BODYWEIGHT: 80.2KG
WEIGHT CLASS: 83KG

SQUAT
160.0 KG

BENCH PRESS
120.0 KG

DEADLIFT
207.5 KG

TOTAL
487.5 KG
4-M-0-83-PL

Rob Burke
President

