

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

CIAN CUSACK

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BODYWEIGHT: 81.1KG
WEIGHT CLASS: 83KG

SQUAT
167.5 KG

BENCH PRESS
100.0 KG

DEADLIFT
205.0 KG

TOTAL
472.5 KG

5-M-0-83-PL

Rob Burke
President

