

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## EMILY WALSH

ATHLONE POWERLIFTING CLUB

BODYWEIGHT: 55.7KG

WEIGHT CLASS: 57KG

SQUAT  
**125.0 KG**

BENCH PRESS  
**70.0 KG**

DEADLIFT  
**142.5 KG**

TOTAL  
**337.5 KG**

1-F-0-57-PL

Rob Burke  
President

