

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## SHANE PORTER

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BODYWEIGHT: 90.4KG  
WEIGHT CLASS: 93KG

SQUAT  
**195.0 KG**

BENCH PRESS  
**107.5 KG**

DEADLIFT  
**247.5 KG**

TOTAL  
**550.0 KG**

5-M-0-93-PL

Rob Burke  
President

