

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## IAN WAFER

REVOLUTION FITNESS  
BODYWEIGHT: 92.2KG  
WEIGHT CLASS: 93KG

SQUAT  
**200.0 KG**

BENCH PRESS  
**120.0 KG**

DEADLIFT  
**220.0 KG**

TOTAL  
**540.0 KG**

6-M-0-93-PL

Rob Burke  
President

