

THE IRISH POWERLIFTING FEDERATION

JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

ADAM PHILLIPS

RPM FITNESS
BODYWEIGHT: 90.3KG
WEIGHT CLASS: 93KG

SQUAT
210.0 KG

BENCH PRESS
95.0 KG

DEADLIFT
220.0 KG

TOTAL
525.0 KG

7-M-0-93-PL

Rob Burke
President

