

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

EOIN MINCHIN

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BODYWEIGHT: 89.5KG
WEIGHT CLASS: 93KG

SQUAT
185.0 KG

BENCH PRESS
117.5 KG

DEADLIFT
210.0 KG

TOTAL
512.5 KG

8-M-0-93-PL

Rob Burke
President

