

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## KAREN KEATINGE

DUBLIN STRENGTH & CONDITIONING

BODYWEIGHT: 56.5KG

WEIGHT CLASS: 57KG

SQUAT  
**97.5 KG**

BENCH PRESS  
**60.0 KG**

DEADLIFT  
**120.0 KG**

TOTAL  
**277.5 KG**

2-F-0-57-PL

Rob Burke  
President

