

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

JAMES LYNCH

KAOS GYM

BODYWEIGHT: 90.5KG

WEIGHT CLASS: 93KG

SQUAT
162.5 KG

BENCH PRESS
105.0 KG

DEADLIFT
185.0 KG

TOTAL
452.5 KG

15-M-0-93-PL

Rob Burke
President

