

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

DAVID TWOMEY

TWOMEY'S STRENGTH & CONDITIONING

BODYWEIGHT: 101.8KG

WEIGHT CLASS: 105KG

SQUAT
237.5 KG

BENCH PRESS
160.0 KG

DEADLIFT
247.5 KG

TOTAL
645.0 KG
2-M-0-105-PL

Rob Burke
President

