

THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018
HOSTED BY REVOLUTION FITNESS

GAVIN DENIHAN

A.B.S. POWERLIFTING
BODYWEIGHT: 96.9KG
WEIGHT CLASS: 105KG

SQUAT
220.0 KG

BENCH PRESS
140.0 KG

DEADLIFT
242.5 KG

TOTAL
602.5 KG
5-M-0-105-PL

Rob Burke
President

