

# THE IRISH POWERLIFTING FEDERATION JULY OPEN 2018



14-15 JULY 2018  
HOSTED BY REVOLUTION FITNESS

## JAMES CALLAGHAN

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BODYWEIGHT: 105.3KG  
WEIGHT CLASS: 120KG

SQUAT  
**192.5 KG**

BENCH PRESS  
**110.0 KG**

DEADLIFT  
**210.0 KG**

TOTAL  
**512.5 KG**  
3-M-0-120-PL

Rob Burke  
President

