

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

STEPHANIE GLEESON

BODYWEIGHT: 73.4KG
WEIGHT CLASS: 84
PEARSON FITNESS & PERFORMANCE

SQUAT
137.5 KG

BENCH PRESS
0.0 KG

DEADLIFT
0.0 KG

TOTAL
0.0 KG

Rob Burke
President

