

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

CORMAC CURTIS

BODYWEIGHT: 92.6KG
WEIGHT CLASS: 93
IMPACT STRENGTH & PERFORMANCE

SQUAT
100.0 KG

BENCH PRESS
75.0 KG

DEADLIFT
135.0 KG

TOTAL
310.0 KG

Rob Burke
President

