

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

STEPHEN MANNING

BODYWEIGHT: 90.6KG
WEIGHT CLASS: 93
#TEAMGRINDLIFE

SQUAT
207.5 KG

BENCH PRESS
0.0 KG

DEADLIFT
250.0 KG

TOTAL
0.0 KG

Rob Burke
President

