

# THE IRISH POWERLIFTING FEDERATION

## OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## SOLOMON ADEBISI

BODYWEIGHT: 102.6KG  
WEIGHT CLASS: 105  
MALLOW EXTREME SCC GYM

SQUAT  
**215.0 KG**

BENCH PRESS  
**140.0 KG**

DEADLIFT  
**297.5 KG**

TOTAL  
**652.5 KG**

Rob Burke  
President

