

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

CHRISTOPHER DEAN

BODYWEIGHT: 98.8KG
WEIGHT CLASS: 105
CITYGYM LIMERICK

SQUAT
245.0 KG

BENCH PRESS
125.0 KG

DEADLIFT
265.0 KG

TOTAL
635.0 KG

Rob Burke
President

