

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

STEVEN MCGUIRE

BODYWEIGHT: 95.8KG
WEIGHT CLASS: 105
SAYERS STRENGTH

SQUAT
215.0 KG

BENCH PRESS
140.0 KG

DEADLIFT
245.0 KG

TOTAL
600.0 KG

Rob Burke
President

