

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

DUSTIN MITCHELL

BODYWEIGHT: 103.8KG
WEIGHT CLASS: 105
CORK CITY POWERLIFTING CLUB

SQUAT
210.0 KG

BENCH PRESS
120.0 KG

DEADLIFT
227.5 KG

TOTAL
557.5 KG

Rob Burke
President

