

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

DAVE COFFEY

BODYWEIGHT: 102.4KG
WEIGHT CLASS: 105
STUDIO ONE

SQUAT
145.0 KG

BENCH PRESS
80.0 KG

DEADLIFT
160.0 KG

TOTAL
385.0 KG

Rob Burke
President

