

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

DERRIE SUTTON

BODYWEIGHT: 110.6KG
WEIGHT CLASS: 120
REVOLUTION FITNESS

SQUAT
257.5 KG

BENCH PRESS
137.5 KG

DEADLIFT
300.0 KG

TOTAL
695.0 KG

Rob Burke
President

