

# THE IRISH POWERLIFTING FEDERATION

## OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## BEN HARRISON

BODYWEIGHT: 118.6KG  
WEIGHT CLASS: 120  
KAOS GYM

SQUAT  
**220.0 KG**

BENCH PRESS  
**150.0 KG**

DEADLIFT  
**230.0 KG**

TOTAL  
**600.0 KG**

Rob Burke  
President

