

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

ADAM GLENNON

BODYWEIGHT: 116.2KG
WEIGHT CLASS: 120
ATHLONE POWERLIFTING CLUB

SQUAT
205.0 KG

BENCH PRESS
120.0 KG

DEADLIFT
227.5 KG

TOTAL
552.5 KG

Rob Burke
President

