

# THE IRISH POWERLIFTING FEDERATION

## OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## GAVIN BOLGER

BODYWEIGHT: 118.4KG  
WEIGHT CLASS: 120  
A.B.S. POWERLIFTING

SQUAT  
**172.5 KG**

BENCH PRESS  
**110.0 KG**

DEADLIFT  
**215.0 KG**

TOTAL  
**497.5 KG**

Rob Burke  
President

