

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

AARON HEALY

BODYWEIGHT: 153KG
WEIGHT CLASS: 120+
CORK CITY POWERLIFTING CLUB

SQUAT
170.0 KG

BENCH PRESS
80.0 KG

DEADLIFT
165.0 KG

TOTAL
415.0 KG

Rob Burke
President

