

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

LAURA HANLEY

BODYWEIGHT: 63KG
WEIGHT CLASS: 63
KJ POWERLIFTING CLUB

SQUAT
120.0 KG

BENCH PRESS
62.5 KG

DEADLIFT
145.0 KG

TOTAL
327.5 KG

Rob Burke
President

