

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

CLAIRE CAULFIELD

BODYWEIGHT: 61.4KG
WEIGHT CLASS: 63
SB FITNESS

SQUAT
110.0 KG

BENCH PRESS
57.5 KG

DEADLIFT
140.0 KG

TOTAL
307.5 KG

Rob Burke
President

