

# THE IRISH POWERLIFTING FEDERATION

## OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

### DAWN STEACY

BODYWEIGHT: 58.6KG  
WEIGHT CLASS: 63  
CORK CITY POWERLIFTING CLUB

SQUAT  
**110.0 KG**

BENCH PRESS  
**67.5 KG**

DEADLIFT  
**127.5 KG**

TOTAL  
**305.0 KG**

Rob Burke  
President

