

# THE IRISH POWERLIFTING FEDERATION

## OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## CLAIRE TIERNEY

BODYWEIGHT: 46KG  
WEIGHT CLASS: 47  
STUDIO ONE

SQUAT  
**92.5 KG**

BENCH PRESS  
**40.0 KG**

DEADLIFT  
**110.0 KG**

TOTAL  
**242.5 KG**

Rob Burke  
President

