

# THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018  
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

## ZITA MARIA MCCABE

BODYWEIGHT: 60.8KG  
WEIGHT CLASS: 63  
ATHLONE POWERLIFTING CLUB

SQUAT  
**95.0 KG**

BENCH PRESS  
**50.0 KG**

DEADLIFT  
**135.0 KG**

TOTAL  
**280.0 KG**

Rob Burke  
President

