

THE IRISH POWERLIFTING FEDERATION

OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

SANDRA COYNE

BODYWEIGHT: 62.6KG
WEIGHT CLASS: 63
STRONGLIFE GYM

SQUAT
75.0 KG

BENCH PRESS
45.0 KG

DEADLIFT
125.0 KG

TOTAL
245.0 KG

Rob Burke
President

