

THE IRISH POWERLIFTING FEDERATION OCTOBER OPEN 2018



20-21 OCTOBER 2018
HOSTED BY ABS POWERLIFTING & UCC POWERLIFTING

GEMMA KAVANAGH

BODYWEIGHT: 62.2KG
WEIGHT CLASS: 63
KJ STRENGTH AND PERFORMANCE

SQUAT
0.0 KG

BENCH PRESS
67.5 KG

DEADLIFT
0.0 KG

TOTAL
0.0 KG

Rob Burke
President

